



# InteGREAT YOUrself [GREAT YOU]

#### Erasmus+ KA1 Youth Exchange

Zakopane, Poland January 13-20, 2018

#### #GREAT\_YOU

### What? Where? When? Erasmus+



Title: InteGREAT YOUrself **#GREAT\_YOU** Dates of the project: 01.10.2017-30.04.2018 Youth Exchange dates: 13-20.01.2018 + travel days\* Venue: Zakopane in Poland

**Project Partners:** 

- European Center for Youth Initiatives Poland host organization
- Ocean znanja (Croatia)
- Youth Dynamics (Cyprus)
- bePART (Greece)
- Futuro e progresso (Italy)
- Asociatia Young Initiative (Romania)

\*2 travel days are dedicated for participants from Cyprus, Croatia, Greece, Italy and Romania.

#### With and for whom?



6 participants (including 1 leader) for each partner organisation.

Participants: 36 active young people from Croatia, Cyprus, Greece, Italy, Poland and Romania, aged 18-30 years, including group leaders (no age limit). Participants' profile:

- At least comunicative English;
- Involvement, active attitude;
- Interest in migration issues, multiculturality, inclusion methods, etc..

Please remember about gender balance in your teams: each team should be created according to 3+3 rule. In case of problems with filling this requirement, please contact project coordinator.

Teams should be formed in their final shape till the end of November 2017 to let us go further with travel and program arrangements!!!

### Project Idea



The "InteGREAT YOUrself" is a joint initiative of the members of 6 partner organizations from Croatia, Cyprus, Greece, Poland, Romania and Italy, who - after recognizing the existing needs of their peers, agreed together as follows: in the era of migration, when society is becoming more diverse ethnically, culturally and ideologically, when the topic of migrants has become one of the most important and present in the daily life of every human being at any age, but especially young people, who have the greatest influence on the shape of the future world, a very important aspect is the social dialogue, tolerance, acceptance, but most of all understanding of the situation of migrants. To explore the theme of interdependence and equality and to realize the important role of young people in the whole process, it is necessary - in addition to the direct integration of immigrants and discussions on topics related to their situation - is also focusing on our own personality, look deep inside into ourselves and understand the roots of our behavior and attitudes.

# Project Idea



Objectives of the project:

- to make young people aware of their vital role as people contributing to the use of the existing potential of mutual relations and their development;
- to show young people their capabilities and create a space to get to know themsevles better and existing opportunities to increase the awareness of others;
- 3. to enhance intercultural dialogue by identifying common elements to search for similarities and get new experiences from existing differences;
- to promote non-formal education for the development of knowledge, experience and skills in order to increase opportunities for personal development of young people;

# Project Idea



Objectives of the project:

- to integrate 36 people from different societies, with different backgrounds, outlooks and economic conditions;
- 6. to promote social inclusion;
- 7. to increase the openness of young people, as citizens of the EU, for other societies and cultures;
- 8. to mobilize young people and let them pay more attention to the important things that are happening right next to them;
- 9. to prepare 6-lingual brochure with texts and photos, promoting tolerance, intercultural dialogue, Europan values.

## Methodology



The whole project will be based on non-formal learning:

Approaches: Learning through challenges;

Holistic approach (Knowledge-Experience-Competence);

Experiental Learning (Action-Experience-Reflection-Conclusion-Action); Diversified Education;

Personal contribution and resposibility for education.

- Elements:
- workshops,
- simulation exercises,
- team building exercises and name games,
- speeches and presentations,
- active discovery of the venue and sightseeing activities,
- interviewing local population,
- cultural presentations organized by the participants,
- cognitive visits,
- daily reflections and final evaluation.

# Agenda\*



#### Erasmus+

	12.01.2018	13.01.2018	14.01.2018	15.01.2018	16.01.2018	17.01.2018	18.01.2018	19.01.2018	20.01.2018	21.01.2018
8.00 - 9.30	Arrivals of participants from Croatia. Cyprus, Greece, Italy and Romania to Cracow	Common travel to Zakopane and arrivals of participants from Poland	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
10.00- 11.30			"M U J A" – Part 1.	The roots of the stereotypes – who are we?	Differences? Similarities? How to open ourselves and be more tolerant	Cultural mini- workshops	Take your place, express your opinion	Common brochure – express our thoughts, give the societies impulse to be more open and tolerant	Project results presentation	Departures of participants from Croatia. Cyprus, Greece, Italy and Romania from Cracow
11.45- 12.00			Coffee Break		Coffee Break	Coffee Break		Coffee Break	Coffee Break	
12.00- 13.30			"M U J A" – Part 2.		Differences? Similarities? How to open ourselves and be more tolerant	Cultural mini- workshops		Common brochure – translations	Project Evaluation	
13.30- 15.00		Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	
15.00- 16.30		Practical Info about Project, Programme, Venue	Non-formal education – let's define	Types of characters – stories of excluded people	Interactive discussion	Exchange of good practices	Outdoor Game - Become a journalist in the human case	Common brochure – translations	Closing Ceremony	
16.30- 17.00		Coffee Break	Coffee Break	Coffee Break	Coffee Break	Coffee Break	Coffee Break	Coffee Break		
17.00- 18.30		Fears & Expectations The idea of Youthpass	Let's travel through stereotypes – European Train	Take a step forward!	Self-assesment plan	Free time	Outdoor Game - Become a journalist in the human case	Youthpass as a tool of non-formal education	Departures of first participants from Poland Common travel of the rest of participants to Cracow	
18.30- 19.00		Ice breaking	Daily Evaluation	Daily Evaluation	Daily Evaluation	Daily Evaluation	Daily Evaluation	Daily Evaluation		
19.00- 20.00		Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner		
20.00- 23.00		Ice-breaking	Croatian Cultural Evening	Cypriot Cultural Evening	Greek Cultural Evening	Polish Cultural Evening	Romanian Cultural Evening	Italian Cultural Evening		

\*There might be some changes in the final programme, but they will not influence on the general context, results and effects of project.

### Questions



In case of any questions please contact us:

- Via email: mksiezopolski@ecim.pl or aksiezopolska@ecim.pl
- 2. On Facebook:

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https://www.facebook.com/associationECIM/

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3. In emergency situations via mobile phone: +48 605 234 649