





Youth Exchange

MANY LANGUAGES OF JOURNALISM

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FINAL EVALUATION

NARRATIVE REPORT

22 – 31 JULY 2016 ZAKOPANE, POLAND







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PROJECT BACKGROUND

The project "Many Languages of Journalism" is the common idea of representatives of 6 organizations from Croatia, Italy, Poland, Romania, Slovak Republic and Spain, who together with young volunteers, active within the framework of their organizations, helped to identify existing needs of themselves and their peers. The project's aim is to support the development of the youth sector by contributing to the improvement of the situation in 3 areas:

1) Foreign languages learning – giving young people real opportunities to practice foreign languages (English as a working language, but also other languages – similar and completely different, during workshop with use of all six national languages) and to identify opportunities that follow knowledge of foreign languages;

2) Development of participants' competences related to life in civil society, intake of certain attitudes, expressing and defending their own opinions, critical perception of information, as well as the use of existing technological capabilities, developing creativity among young people, self-esteem and importance for their societies;

3) Promotion of personal development and the acquisition of soft skills through participation in initiatives such as the Youth Exchange of Erasmus+.

In frames of the project 36 young people (including 6 team leaders), from 6 countries of the European Union, aged 18-26, interested in language learning, journalism and forms of expression, as well as broadening horizons, finding out new attitudes and looking for personal development, participated all together in international Youth Exchange under Erasmus+ Youth Programme that took place in Zakopane, Poland. Each of them with different background, different experience and values to share with others, fully ready to participate, to face new challenges, to get to know existing possibilities, as well as to improve their personal and professional aspects of their life.

The main activity took place in Zakopane in dates 22–31.07.2016 (+ travel days), during which young people had the opportunity to take part in a program consisting of three main blocks: teambuilding activities, linguistic workshops and activities connected directly with journalism, which implementation allowed them to develop themselves and increase their chances for employment and making effective personal and professional initiatives in the future. 10-day project allowed participants for acquisition of new knowledge, skills and attitudes. It helped them in better understanding of individual and group development process, as well as in increasing their contribution to the life of their societies.







Objectives of the project:

- 1. Promoting languages learning and multilingualism as means of finding oneself in foreign labor markets and gaining experience, next competences, international contacts and development of cooperation;
- 2. Activating and stimulating young people's creativity;
- 3. Promoting non-formal learning for the development of knowledge, experience and competences in order to broaden Youth opportunities for personal growth and improve their situation on the labor market;
- 4. Presenting opportunities offered by information and communication technologies to navigate within modern states and societies also for creation of different forms of expression;
- 5. Showing the important role of young people contributing to exploit existing relationships and development;
- 6. Strengthening intercultural dialogue, possibly by identifying common elements (including linguistic proximity of many countries and cultures) or values and by raising knowledge about other States and cultures;
- 7. Promoting European integration by promoting existing opportunities and possibilities offered by the EU among participants, their peers and communities.

Results:

- 1. The acquisition knowledge and experience, as well as new competences on the topic of the project and an active civic life by participants;
- 2. Construction of an open, active and creative group of young people;
- 3. Increase of their awareness of the existing possibilities and opportunities, as well as their potential (self-esteem, self-confidence, etc.);
- 4. The development of interpersonal and social competences development of key competences included in the soft skills associated with moving within groups and communities;
- 5. Raise of job chances and improve the situation of young people in the labor market;
- 6. Promotion of language learning, non-formal education and Erasmus+;
- 7. Prepare by participants texts, photos, presentations, videos and evaluation report a lot of outcomes for exchange of good practices.







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PROGRAMME' ELEMENTS DAY BY DAY

DAY 1, JULY 22, 2016

SESSIONS 1 & 2: WELCOMING, PROJECT INTRODUCTION, METHODOLOGY AND FIRST PART OF ICE-BREAKING GAMES

Objectives:

- To introduce the project, methodology, useful tools (as Youthpass and Europass) and agenda in details;
- To get familiar with each other and to create a working atmosphere through name games and ice-breaking activities;
- To deal in a group with fears and expectations about the project;
- To establish in common rules.

Activities:

1. Official introduction to project – programme and methodology



Time to welcome participants, as well as introduce, explain and describe all the details of the project and its main objectives. All of those had a purpose to let participants know what are the links between activities and to build in their minds idea of a logic process that they are going to pass during next 9 days of Youth Exchange. Introduction contained also part dedicated

to methodology and explanation of all of the approaches used during activities, so learning through challenges, holistic approach (Knowledge-Experience-Competence), experiential learning (Action–Experience–Reflection–Conclusion–Action), diversified education and personal contribution, as well as responsibility for education. Another part was focused on Zakopane and Poland to present its characteristic points and to show young people the diversity of Polish culture.











2. Introduction to the Youthpass and Europass Language Passport

During this activity coordinator introduced the idea of two useful tools in the field of European project. First is Youthpass which allows participants to follow the whole learning process from the beginning up to the end of the project. Showing its importance in the personal development, young people could notice how much depends on them, what helped them to take responsibility



for themselves. The second tool was Europass Language Passport which main aim is to help to systematize acquired skills, most of all – language skills. Moreover, we get to know that it is really important instrument according to the topic of the project.

Task: To exchange experiences about Youthpass and Europass Language Passport. Aim: To get familiar with both instruments and use them for self-evaluation process.



3. 3-integration-task set

Participants individually or divided into first mixed groups, took part in 3 activities: "Onion of Diversity", "Name' crossword" and "Drawing our portraits". Starting to get to know each other, to feel the connection countries between and cultures. to communicate effectively, as well as to cooperate for the first time in newly created team, participants overcame their first barriers and pointed

out basements that were useful for the rest of the project. All of those activities showed them important elements of the project according to its topic, respecting each other point of view and – most of all – cooperating in different situations.

Task: to open for others. Aim: to build first relations, to create friendly atmosphere.



4. Fears & Expectations

Time dedicated for participants to think about fears and expectations that they had on the beginning of the project. The aim was to think about things connected directly with the project, as well as their personal barriers and prejudices that existed in their minds. Below we can see them and already after the Exchange we can say that fortunately we avoided most of the fears and fulfilled most of expectations.









Fears:

- Don't learn enough;
- Not being appreciated;
- Being considered "boring", "too serious";
- Language barrier;
- Food;

- Despite learning, people will mostly close off into their own cultural group;

- Cold water in the swimming pool;
- Inseets :D
- Too many potatoes!

- Talk to someone after 10 days and still not remember his/her name;

- To hide again in my comfortable zone;
- Social amity related (judged by others);
- Not finding the project interesting enough;
- To not integrate in the group;
- Gain more weight ©
- Polish cold;
- Polish food;
- That I can't express myself :O
- Lack of inspiration;
- I am fearless! © That I won't be able to
- express myself in the right way!
- Panic zone :O
- I' afraid I won't get to know everybody well because I believe everybody here has something amazing about them;
- Can't communicate with others;
- Speaking in front of camera:
- Public speaking;
- Fear of unknown;
- Bad weather;
- Not being appreciated;
- Have problem with other people;
- To eat bad or not enough;
- Time flying too fast;
- Public speaking;
- Embarrassing myself;
- Differences in our cultures;

- Too boring activities and not linked to the subject;

- Cold water in shower;
- Not too much integrating;
- To make some mistakes when I will improve another language;
- Can't speak with other person for the

language;

- Being too tired and not being able to give 100%.

Expectations:

- Learning new languages;
- Making new friends;
- Opening myself to others;
- Increase dictionary;
- To be involved in the activities;

- To be responsible with myself and towards the others;

- To improve my social skills;
- To gain more confidence in writing;
- Meet more interesting people and smile a lot!
- Getting to know great people from all

participating countries;

- Meet new people and learn about their culture;
- Improve languages I already speak;

- I expect to learn better Spanish, to get to know some basic Italian words and, why not, learn some Polish words + have fun & make new friends, of course;

- Know new cultures;
- Make the most of this time;
- Learn a lot about other cultures and
- languages;
- Learn something new about myself through meeting other people;
- Go out the comfort zone;
- A great opportunity to improve language skills;
- Express myself, my power;
- Have fun;
- Know more about Slovakian, Polish and
- Croatian culture/language/history;
- Experience new knowledge;
- Great people;
- Enjoy learning new things;
- To improve English;
- To learn something new about journalism;
- To visit beautiful places;
- Rest;
- Good food;

- Have fun and learn new things at the same time;

- Learn technical aspects of how to organize project for my future ambitions;

- Learn interesting games;
- Be smarter after these 10 days ©
- Have great, life worth experiences;
- Good time;

- To find some information about culture of the country.







5. Common Rules

Thinking individually, participants had to find out common rules, that in their opinion would be needed and useful during the whole duration of the MaLaJo Youth Exchange. Establishing those rules all together – one by one – helped in creating friendly atmosphere, mutual understanding and in feeling group responsibility for learning process, as well as for helping each other next days.



Task: To work together on creation of the list of common rules.

Aim: To get the feeling of responsibility-sharing for the education and development process.

Outcomes:

Participants met their peers in real and had a chance to make first personal impression thanks to participation in team building activities. Additionally, from the very first moment they had a possibility to take part into small talks in meantime. Young people also got to know in details what is the plan for each day of activity and fully understood the logic sense of the order of activities. They got familiar with the instruments of nonformal education, so for example Youthpass and Europass Language Passport, as well as all the specific methods, as holistic approach, learning through challenging, learning by doing, diversified education, etc. It allowed them to understand the idea of their responsibility for the education and learning process which always should be finalized by self-evaluation to make it really effective.

They also had a chance to see how it is to work in quite big, multinational and diversified team, when the time is limited, there are a lot of ideas, different points of view and other elements to deal with. Participants had a chance to find in common elements, to define their fears and expectations, establish rules which everyone has to follow during the time spent together, to break existing barriers, making good first impression and presenting themselves in the best possible way.







DAY 2, JULY 23, 2016



Energizer – 'Guess my name immediately'

Participants had a task to repeat their names in very creative way. They were divided into 2 teams and standing in front of each other – isolated by the cover – one after another they had to shout the name of the person in front of, as fast as possible. The one who was the first with saying the right name was taking the "rival" to his team.



Aim: To energize group, to prompt the cooperation process in the team.

SESSIONS 1 & 2: ICEBREAKING & TEAMBUILDING

Objectives:

- To continue getting to know each other on individual and group level;
- To break last barriers;
- To create friendly environment of mutual understanding;
- To go out of the comfort zone and broaden everyone's limits;
- To strengthen team-building process.

Activities:



1. Mission (im)possible

Participants, working as one big team, had to accomplish 12 different tasks in 40 minutes. Afterwards, they had to present received results in next 20 minutes. List of tasks included making funny photos, writing a song with completely unconnected words, inventing and creating different elements, finding things which they want to implement and try during the project. All of those tasks were based on



cooperating in pairs, smaller groups or with everyone at the same time.







Task: Make a strategy and prepare plan including given conditions – possibility to work under time pressure in new multinational team in which participants had to find group leaders, divide tasks, cooperate and overcome their barriers.

Aim: To work together on tasks and challenge each other to get the best possible results in limited time.



2. Touch the ball

This task was provided to strengthen the teamwork and to prompt everyone to act, to spread their ideas and to make the compromise, satisfied for all the members of the team. Participants, dived into 2 groups, had to think how to deal with the task to touch one small ball as fast as possible, when nobody can touch it at the same time, but everyone has to touch it at least once. Ideas was different, but all

of them unique and totally new for everyone. The result of this activity was unexpected and showed young people how to work under time pressure, how to put many ideas in one and make effective decisions.

Task: To deal with many ideas and make a compromise, using the best method. Aim: To work as a team, dealing with many ideas and time pressure.



3. Instinct in the cage

Activity which has a purpose to show young people how much depends on them. They received only balloons, pens and their task was to take care about their own balloons. The winner was a person who stayed with her/his balloon as long as possible. Starting to attack each other, participants finished the task in 3 minutes and nobody stayed with the balloon at the end. This way we could



discuss about possible solution and see that we always have another option to choose. Task: To take care about balloon, to try to convince group to follow better idea. Aim: To learn that not always going with the main tide is the best idea.







4. Fruit game



Participants were divided into two teams and each of them received the instruction to the fruit game. Each fruit gave the group different amount of points and cannot be used one after another. Additionally, participants had to think about time management, which was the second most important thing in the whole process. The winning team was this one which scored the biggest amount of points in certain time. The point was to make common strategy and use the creative and logic thinking of team members.

Task: To score the biggest amount of points as a team. Aim: To find the best idea for the whole group, to use the potential of each of its member.

Outcomes:

Participants faced first real tasks which needed from them teamwork and dealing with time, making many different things at once. They had a possibility to fulfill first tasks and utilize all human resources that they had and integrate between each other and they found out that even though they do not know each other well, they are able to cooperate and reach common goals. They discovered hidden parts of their personalities, making the future learning process easier, while opening for new possibilities, breaking barriers and going out from their comfort zones.

SESSIONS 3 & 4: INTRODUCTION TO THE MULTILINGUISTIC LEARNING

Objectives:

- To see similarities and differences between mother tongues of participants;
- To identify, reflect and share common ideas;
- To think in creative way;
- To make first steps in learning unknown languages;
- To break linguistic barriers.







Activities:



1. Different languages – one story

First of all, participants had some time, divided in smaller teams, to try to speak only in their mother tongues and see how much they can understand. After that they had a task to create small catalogue of words which sound the same in each language, as well as to find so called "false-friends", so the words which sound the same, but have totally different meanings. At the end, each group



prepared short story, poem or a song, using words which they earlier put into minicatalogue and had some time to present it. This way we created stories understandable for everyone, showing how much we have in common, not only



in social way, but also taking into account our languages.

Task: To think about common words, to find differences, to try to understand each other while speaking own language.

Aim: To show how many similarities exist in our languages, that we have sometimes the same roots and to let young people know that they are able to find them easily.

2. ¿La comunicación sin fronteras – si lo es posible?

The task where participants had a possibility to feel like real actors. Each national team received abstractive situation and the rest depended on them. They had to think how to show it, using only their mother tongue, to let others know where they are, what they are doing and who is who.

Task: To let everyone understand what is the situation about without using English.

Aim: To see that communication can work without any barriers.









Outcomes:

Participants found out that they are able to communicate, even when they do not speak English without making mistakes – there is always possibility to explain it in other way. They saw how much they have in common and they deal with differences, trying to remember which words can be offended for somebody from another country. Also they prompted their creative thinking, developing given situations and playing dramas as real actors. This way they broke their own barriers, broaden horizons and realize that their personal development process has already started, even though for some of them the activities were not so challenging like for others. They were working all at once, helping each other with development process and all the time strengthening building of the real team.



Summary of Daily Evaluation

What did we like?

- Energizers;
- Balloon game;
- Working in international groups, mixed teams;
- Chance to chose different kind of activities ("Mission (im)possible");
- Easily cooperating with other people, even if we don't know them;
- Being "actors" for one day;
- Climbing the hill in the free time and the view from the top;
- Comparing the same words in different languages;
- The challenge of remembering other people's names;
- Integration and closer relationship after each activity;
- A possibility of knowing people from other countries;
- That it wasn't boring;
- No hard feeling after competitions;
- Having a lot of fun;
- Comparing the changes and finding similarities;
- Cooperation;
- Creative tasks;
- We didn't need to understand the languages to understand what really happened;
- Creative learning;
- Fun and new activities which were also interactive;
- Engagement of all the participants, the atmosphere;
- We like that the outcomes of our work is visible (on the walls);
- Enough time to prepare each activity;
- In each activity we have the chance to be creative;
- Comparing languages;







- Out-door activities;
- Every activity had something fun in it;
- We learned new words;
- We understood in a practical way the 'languages theory';
- Creativity & out of the box thinking more used a lot and it was productive.

What did we learn?

- Different words and phrases from different countries we have many things in common;
- There are many ways to find a solution;
- If you ask for help you'll get it ©
- People are friendly;
- How to make something from zero;
- We are not that different that we thought at the beginning;
- We can always cooperate despite differences;
- Everyone has something common with others;
- Some words in particular languages have different meanings;
- We can accept everything and do not have to judge;
- Other languages;
- Names;
- Using mimics and non-verbal communication;
- New games;
- We have to try different things and improve until we succeed;
- Understand other people when they speak their native language;
- Similarities and differences of our languages;
- Overcoming communication difficulties;
- How to organize our ideas and manage time;
- Cooperation;
- Humans are prone to violence (the balloon case);
- We learned how to be flexible (ball case);
- How to voice our ideas;
- To listen carefully to others;
- To respect each idea and to be tolerate;
- New words from other countries;
- Communication across languages using similarities & intuition;
- Endless possibilities of scenarios based only on some words;
- To practice every option and settle for the best;
- Adjusting the solution to the team.







What would we like to improve?

- Breaks between activities;
- More energizers;
- Inform the others about evenings;
- Explain better some games (fruit game for example);
- Find the courage to speak English more open;
- Make more visual work in teams on the spot;
- More activities in small teams;
- Names;
- Respecting time;
- Be more confident, don't be shy;
- Communication;
- Air condition;
- More activities outside if there is sun;
- Understanding Romanian, Polish and Slovak language;
- Team-working;
- More specific tasks that would lead to a more practical outcome (e.g.: words and the story).







DAY 3, JULY 24, 2016



Energizer – 'Giants, dwarfs and knights'

Participants working in 2 teams, had a chance to, through a group decision-making process, choose strategy for one of 3 characters, to become prepared for next round of competition. Game basing on traditional game 'rock, paper and scissors', but giving a lot of fun, energizing participants, with elements of team work process.



Task: To make group agreement before each round and to win the competition. Aim: To energize group, to prompt the cooperation process in the team.

SESSION 1: INTERCULTURAL LEARNING

Objectives:

- To continue getting to know each other on individual and group level;
- To make everybody more sensitive on intercultural aspects;
- To understand different cultural environments in practice;
- To see the importance of effective communication, not only verbal one.

Activities:



1. The Derdians

Participants divided into 3 groups took part in simulation game about meeting between 2 cultures during which they had to find the key to understand foreign cultural behavior while analyzing consequences of different gestures, words, situations. Engineers thinking in their way, knowing some aspects, had to explain how to build a bridge to the group of Derdians,









having limited time and resources as well as completely different cultural background. Last group – the group of 'experts' was responsible for observing and thinking about conclusion, given at the end of the session.

Task: To create environment of different cultures, behaving according to own rules and to find the way to communicate effectively and build the bridge together.

Aim: To sensitize participants on the issue of cultural barriers and differences and the importance of effective communication.

SESSION 2: FOREIGN LANGUAGES AND NEW FORMS OF EXPRESSION

Objectives:

- To analyze the importance of language learning;
- To exchange ideas and experiences;
- To find out what is Tree Model Analyze method;
- To define the category of forms of expression.

Activities:

2⁻2⁻2

1. Foreign languages benefits analyzing and forms of expression defining

Participants working in smaller groups had time space for using Tree Model Analyze to think about benefits that are coming from knowing many foreign languages. Each team discussed about own experiences and situation in their countries. Young people talked also about forms of expression and tried to define this category in their own words, to start the process of getting



more familiarized with the issue for the next days. At the end of the session all of the results of common work were presented in front of other groups.

Task: To find as many benefits of foreign languages learning as it is possible, to define the category of forms of expression.

Aim: To let participants exchange their points of view and experiences, to find motivation for language learning, to get familiarize with the category of forms of expression.









Energizer – 'Dance like me'



Short activity during which participants all together were following the person in the middle, dancing in different ways and singing in different languages.

Task: To repeat moves and words after person in the middle.

Aim: To energize group after lunch, to stimulate thinking process for next activities.

SESSION 3: WHICH FORM OF EXPRESSION IS THIS?

Objectives:

- To get familiarized with different forms of expression;
- To think how we would like to use them to promote MaLaJo and its results;
- To share our experiences within teams;
- To discuss all together about differences between specific forms.

Activities:



1. Team work – which form of expression is this?

Activity during which participants divided into smaller teams received earlier prepared examples of different forms of expression, having at least 3 for each team. While discussing with each other they could find key elements of each form and name it, to be prepared for further common discussion with other groups, analyzing in meantime their examples given by someone else. This way



participants discovered characteristics of articles, columns, interviews, reportages, photo- and video-relations, while sharing their experiences and points of view.

Task: To discuss within small groups about received examples of forms of expression. Aim: To find key elements of forms of expression and to share experiences related to journalism.







2. Discussion

After discussions in smaller groups and making final agreement, participants started common discussion about different forms of expression, pointing out their key elements and characteristics, exchanging ideas and points of view, as well as sharing experiences related to journalism and articles, interviews, photo- and video-relations as well as reportages in the past, while studying or working.

Task: To share results of group discussions, to name different forms of expression and discuss about their characteristics.

Aim: To create space for sharing ideas and experiences, to systemize forms of expression.

SESSION 4: NON-FORMAL EDUCATION AS ONE OF KEY ELEMENTS OF ERASMUS+

Objectives:

- To build different definitions of non-formal education;
- To name its most important elements;
- To discuss about sense of non-formal education, its advantages and disadvantages;
- To build good base for writing articles and columns about non-formal education.







Activities:

1. Team work – Non-formal education? Let's define! – creative brainstorming

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Each team, using the method of creative brainstorming, had to build definitions of non-formal education in 3-steps process. In first moment, groups using any language that they know, put to each letter all associations they know to phrase 'NON-FORMAL EDUCATION', what took about 25 minutes. Next step was to choose for each letter, one the most accurate association – no suggested method – could be compromise, could be voting, etc. Last step was to build definitions of non-formal education using chosen key words.

Task: To find as many associations to non-formal education as it is possible, to build definition of non-formal education.

Aim: To stimulate creative thinking, to combine ideas of everyone, to show diversity of non-formal

education, even on the stage of defining, to make good base for articles and columns about non-formal education.



2. Presentation of team-work results

Each group presented own built definition of 'NON-FORMAL EDUCATION'. After all, participants had time for questions and discussion about different ideas and about their common work results.

Task: To present team-work result. Aim: To share different points of view, to see that non-formal education has many dimensions and can be defined in plenty of ways.

Outcomes:

Participants could realize in practice what does intercultural environment mean, what was possible by giving them abstractive roles, and marking importance of effective









communication as well as language learning. Finding out a lot of similarities in their countries, analysing benefits and problems, young people confirmed that languages are much closer than they could expect and learning process is really important to find ourselves in today's world – especially on labour market. Participants also were introduced to different forms of expression, as well as they found out how important is non-formal education, that has more than one good definition. All of those outcomes became important parts of next days' activities.



Summary of Daily Evaluation

What did we like?

- The fact that teams are always different;
- Be creative about words & languages;
- Discussion about difficulties with learning languages;
- Activity with "Derdians"/Behave like Derdians, architects and engineers;
- Energizer presented by girls;
- The atmosphere which was during the breaks;
- Observing other people supporting their opinions by giving arguments;
- Lots of brainstorming;
- The siesta hour after lunch;
- Le Scandale;
- Food;
- Being giants, dwarfs (gilly, gilly, gilly) and knights;
- The activity of defining non-formal education;
- Try to find different definitions of NFE and find that no one was wrong;
- Working in different groups each time;
- Playing volleyball -> so, free time.

What did we learn?

- Self-reflection as a result of the Derdians game;
- To cooperate more;
- Analyzing better the causes & the effects;
- Different style of written forms;
- Discuss sometimes can also cause some problems;
- Cooperation using body language;
- Don't assume and ask questions;
- You need some time in order to know someone;
- Learn different forms of expressions;
- Dance as a penguin;
- Different opinions about NFE;
- Know each other better, respect everyone's culture and behavior;







- One thing can have many meanings;
- English (each day goes better);
- Be patient;
- Video project <3
- To be respectful towards the unknown and not to do assumptions/no prejudices;
- New words in other languages, vocabulary;
- About problems with languages and education;
- It is good to sleep 6 or 7 hours a day;
- How to combine a diversity of ideas;
- Deal with confusion & learn how to adapt.

What we would like to improve?

- More balanced teams with both people with journalism knowledge and people less experienced in the field/game;
- Our own level of understanding others;
- The ways games are explained (maybe less written rules);
- The outdoor activity (the mission and organization), we mean "the bridge activity";
- More energizers in the morning;
- Better pasta;
- Remembering names;
- Knowledge of foreign language new words;
- Discussion, more people could participate;
- Respect someone's opinion;
- More competitions and sport activities.

1ST CULTURAL EVENING: CROATIA

Evening prepared by young participants from Croatia during which others had an opportunity to see performance with playing guitar and singing, presentations, prepared brochures, see traditional dances, try local and national cuisine (brought, but also made already before the evening!), as well as play prepared games with prizes. All elements were made taking into account possibility to



involve all other participants, and presented in public what was additional challenge for participants who again extended their comfort zone.







DAY 4, JULY 25, 2016

Energizer – 'Sculptures gallery'



Participants working in 2 teams – 2 circles – had roles of artists and monuments, where those first ones were creating their masterpieces by giving to colleagues positions, moves and voices. In this way in each of 2 rounds participants got the real gallery of moving and yelling sculptures. After building process, artists had a chance to watch all of the masterpieces and have a lot of fun.

Task: To build sculptures using bodies of other participants. Aim: To trust to each other more, to open for each other, to break barriers, to energize group.

SESSIONS 1, 2, 3 & 4: ARTICLE OR COLUMN? ART OF WORD SELECTION OR FEELINGS PUT INTO WORDS?

Objectives:

- To work on the topic of non-formal education, using articles and columns;
- To work more specifically on articles and columns;
- To present both forms of expression as those which are the most 'available' for young people with a lot of ideas;
- To stimulate creativity;
- To strengthen team work processes;
- To write texts which are put in the final MaLaJo brochure.

Activities:



1. Discussion – articles and columns – from similarities to differences

Discussion in one big group dedicated to exchanging experiences, points of view, based on 2 key elements – articles and columns. Participants had open space to talk, comment, give their opinions as well as define key characteristics of articles and columns in the most specific way, taking it as a base for writing in next









steps of the sessions. At the end of discussion, participants divided themselves into teams which were writing articles or columns about non-formal education, Erasmus+ or language learning process.

Task: To discuss and share points of view.

Aim: To inspire others, to give examples, to make good introduction for further writing process.



2. Team work – articles and columns writing

Participants working in teams that they have chosen by themselves, had time space for developing their ideas, putting them together, mixing, separating to find solution to write common text, what became a challenge bigger than writing alone. Exercise focused not only on writing, but also on team work process, which normally is not present in the work

of journalist writing articles and columns, while selecting words and/or putting feelings 'on paper'.

Task: To write articles or columns on chosen topic, working in the team.

Aim: To receive synergistic effect, to let participants combine ideas, to strengthen team work process, to find out different and diversified ways of articles and columns writing, as forms of expression that can be used by young people.



3. Team work – articles and columns translating

All of the team dependently on members' nationalities, were translating their text within teams or asking for help members of others. In this way they were able to prepare 7 versions of articles and columns – English and later Croatian, Italian, Polish,





Romanian, Slovak and Spanish.

Task: To translate texts into all 6 mother tongues of participants.

Aim: To strengthen team work process, to show how important is possibility to count on others, to get new skills – translating as well as reading and listening in other languages while working together and explaining different elements.







Outcomes:

Participants had a chance to work on their own texts, being in international teams, using different languages, having a lot of ideas, what was challenging, but at the end gave a lot of satisfaction and brilliant results. During the whole process of texts' preparation, participants developed skills such as team work, English speaking and writing skills, but also abilities related to discussing, giving and defending their points of view, sharing experiences while taking into account different backgrounds of others. Moreover, sessions stimulated creativity and critical thinking of participants. They showed to young people that they can, but they need to have the will of acting! Outcomes of sessions dedicated to articles and columns are available as integral part of MaLaJo Youth Exchange brochure: http://ecim.pl/our-projects/many-languages-of-journalism/results/.



Summary of Daily Evaluation

What did we like?

- Working in different teams than during previous days;
- Possibility to express our opinion;
- Discussion about articles and columns;
- Combining ideas;
- That we are becoming journalists and we are preparing texts to be published;
- Energizer in the morning;
- People's attitude;
- That we are combining work with fun;
- New words every day;
- Food again! 🙂
- That each day we have new elements to discover;
- Cultural evening yesterday;
- Croatian food;
- Guys playing guitar <3
- Taking into account everybody's point of view.

What did we learn?

- The difference between articles and columns;
- How to wright different forms of expression;
- That it's harder to wright something down while working in the team, when you have to combine ideas;
- We are able to do it!
- We learned a lot of new words and phrases in different languages;
- People from our team are really helpful;







- Together we can do a lot of things;
- Work of translator is not so easy;
- We can use what we learned and what we know for blog writing or sharing opinions in social media;
- Ways of constructive discussion;
- A lot about Croatia yesterday.

What we would like to improve?

- More, but shorter breaks;
- Black coffee please ©
- More people involved in free time activities, such as volleyball;
- We should share even more;
- Nothing serious;
- Stop the time not to go so fast!
- More vegetables for meals.

2ND CULTURAL EVENING: SPAIN

Evening prepared by young participants from Spain during which other participants had opportunity to see performance in the form of TV news prepared by different journalists, speakers, commentators specialized in many topics, as well as see traditional dances, try local and national



cuisine (a lot of great food



brought by Spanish participants), as well as play prepared games. All elements were made taking into account possibility to involve all other participants and presented in public what was additional challenge for participants who again extended their comfort zone.







DAY 5, JULY 26, 2016



Energizer – 'The ZOO'

Volunteers were presenting different animals while others were guessing their choices. Game dedicated to activate participants and show their initiative and creative way of thinking.

Task: To show and guess different animals in creative way. Aim: To break personal barriers, to energize group.

SESSIONS 1 & 2: ART OF INTERVIEW

Objectives:

- To define the most important elements of interview;
- To be interlocutors and interviewers;
- To analyze ourselves and our interlocutors;
- To know other participants better through data collecting based on good research.

Activities:



1. Interviews in pairs: roles of strangers

Participants in randomly selected pairs, without any preparation, made interviews with each other, asking questions that came to their mind. There was no limitation of topic, number of questions, way of answering.

Task: To make first interviews and get interesting information.

Aim: To show to participants how an interview without preparation looks like.









2. Identity analysing





Open time space dedicated for reflection of each person on herself/himself, her/his strong sides, events and moments in life that determined him/her the most, which influenced in the real way on character creation. Task: To reflect on oneself, to identify strong and weak sides, as well as their roots.

Aim: To understand oneself better, to build good background for opening oneself to others and for making better background than in the first attempt.

3. Interviews in pairs: roles of interviewer and interlocutor

Second interview taken as a first one, but this time interviewer using sheet of paper with identity and experience analysis as research about interlocutor, was much better prepared to make an effective interview. Taking into account elements of our life that determined us the most and influenced on our characteristics in the most important parts. interviewers were able to ask good questions and find interesting information, having more detailed overview about person in front. Participants had a chance to compare their first and second interview and evaluate them. At the end. participants could find out key mistakes during first interview and name to each other the most important elements of the second one. Working in pairs let them focus more on specific person and helping her/him in understanding oneself.



Task: To make another interviews, being interviewer first and interlocutor later, based on simple research and to get interesting information thanks to it, introduce oneself to another person according to concrete background, key elements and fields of interest.

Aim: To see how important is good research for making interviews, to find out a lot of interesting things about others, to help participants to open to others in effective way.







SESSIONS 3 & 4: INTERVIEW AS A WAY TO FIND OUT MORE ABOUT PEOPLE, CULTURES AND LANGUAGES

Objectives:

- To practice making interview;
- To make the research about other participants;
- To find out more about each other;
- To exchange experiences and points of view on different topics;
- To talk in 2 different languages to get familiarize with sound of mother tongue of interlocutor.

Activities:



1. Research about chosen interlocutors

Participants, after picking up few coupons with names and surnames of interlocutors, had some time to make research about them, to prepare themselves for interviews. Research was made according to the idea that person couldn't get information from the interlocutor. This way, participants got ready to be interviewers of different people in few rounds implemented in the next part of the session.

Task: To make the research about selected interlocutors without letting them know who is going to be their interviewer.

Aim: To interact more, to stimulate creativity, to find the way to find out more about others, to practice research making.



2. Rounds of interviews

Participants, basing on research made before, became interviewers and interlocutors, changing roles in each round, finding out interesting things about different people, as well as opening themselves to others. Participants could try themselves in the role of journalist with specific task: to get information that they need, and in the role of interlocutor that had to answer tricky questions, many times asked in surprising way. Answers were given in English and mother tongue of interlocutor, what let interviewer to get familiarized with one of foreign languages.









Task: To fit in the role of interviewer and interlocutor and get information going deeper in other participants' experiences, to take notes and listen to answers in two languages. Aim: To let participants open to others, to practice interviews making, to go deeper in mutual understanding of participants, to show interviews as the way to know more about others and their languages.

3. Presentation of results of interviews' making and discussion about key elements of the art of interview

After some time to finish interviews making process and finalizing notes, participants all together discussed about the whole process and its results, main elements, important moments and summed up all activities from sessions dedicated to interviews.

Task: To discuss openly about passed process, to sum up implemented activities. Aim: To share impressions, to exchange experiences, to name the most important elements of the art of interview.



Outcomes:

The whole day spent on developing skills related to interview making gave participants a lot of learning outcomes, starting with being more open, getting experience in the role of interviewer and interlocutor, up to real skills of journalist making research, collecting materials and data, asking tricky questions and helping interlocutors in going through interviews. Participants found out and named the most important characteristics of good interviews, among which we could see right atmosphere and feeling between both sides, good preparation based on effective research, as well the technic of questions' asking – step by step, going deeper in the topic, without jumping from one to another. Participants became more self-confident, growing up thanks to developing of different competences connected to creative thinking, analysing, foreign languages, cultural awareness and attitudes such as openness, assertiveness, consequence, tolerance and much more.









Summary of Daily Evaluation

Feelings:

- Lucky to be here and to be the part of the team.
- Happy to be here.
- I am more confident in team-work and with my ideas.
- I enjoyed all of the days and activities so far.
- I felt being out of comfort zone, but our team helped us.
- I am glad that I met so many beautiful people.
- We feel good with meeting people and knowing more about our cultures.
- We should respect each other time, but I like we are really hard-working.
- I like that we have friendly and no-pressure atmosphere.
- I feel happy that people here and project is great also having fun, not only working.
- I love talking to people, but I hate asking questions, so interviews part was really interesting for me and challenging.
- I am glad for being in Poland with so ambitious people.
- Before I was more interested in languages, but I found out that journalism is also great.
- I feel lucky for this possibility and I can feel connections with everyone I hope we would stay in touch.
- I feel more open and I can break my barriers which are mostly in my mind I can do more and more for myself!
- I feel thankful for help that I have received from others.
- I enjoy all the moments.
- I am surprised with everything and it's so positive it's my first international project.
- I feel uncomfortable in a positive way everything is new and challenging.
- I want to stay connected with everyone.
- I feel safe in the environment that we have all created.
- I love great moments that we are sharing all the time!
- I feel really overgrown in the positive way I needed it.
- I feel like at home thanks!
- I am happy to say that I am glad and positively surprised that Poland is so great.
- I feel grateful to you that you are challenging me all the time.
- We are so safe, so happy together it's great what we built during just 5 days.
- I believe that we all needed this possibility to develop.
- I like that we are working, all the time in different groups.
- I became more confident in expressing myself and communicating with others.
- I was afraid, but now I see that we are learning a lot about languages etc. in great atmosphere.
- I feel happy that Italian team has adapted really well.
- Happy to give energy to each other.







Findings:

- That my panic zone is really close to my comfort zone, but it's not that bad.
- I prefer working in smaller teams.
- We have a lot of common points of view.
- Polish cuisine, etc. is really! similar to Slovak.
- We have a lot of different and similar things at the same time.
- I found out about myself and I have to think about it more and deeper.
- I am more sure that I want to become a journalist.
- I had to answer for questions to myself to learn and go deeper.
- Other people partners count a lot; you cannot do everything by yourself.
- We people from all around Europe can cooperate.
- I found the difference between the article and column.
- I found out that I can do things that I was not thinking before.
- I am still finding out new things about myself it's great.
- I found out that I have a lot of feelings.
- I found out thanks to others why...
- We are all so different and we have to adopt to each other as well as to topics that we are speaking about.
- That I can learn more from people that were not practicing journalism as much as me.
- We have so different experiences even though we are all students.
- It's good to go out of the comfort zone, but it's easier to do it together.
- I found out a lot of positive things about Poland.
- All our countries are great.
- I really expanded knowledge about languages, cultures.
- Cooperation is really important and good idea + good idea = super idea.
- I found out that I have to work on my team work skills.
- I found out a lot about different cultures.
- I've learned that I can do things with pleasure without putting pressure on myself.
- I found new words, elements.
- That's great that there are so many active people in Europe.
- I found a lot of new ideas and it's good to be open for them.
- We are able to learn a lot from each other.

Feedback:

- Get to know people better personally in meantime.
- I really liked journalist activities and I got even more interested in it.
- I really enjoy non-formal way of education.
- I enjoy activities that I haven't done before we have to break barriers.
- We like that activities are mixed with changing teams, rules of choosing our couples.







- I am still looking for my panic zone.
- Activities are breaking my comfort zone, but I am waiting for more.
- I am collecting moments and feelings from others it's awesome.
- I like activities and all elements of cultural evenings.
- I feel more confident.
- Just, thank You!
- It's nice to see that everything is adopted to our expectations and needs.
- Thank for your humble and flexibility.
- We are great, but we should listen to each other.
- Working on articles with other people helped mi a lot.
- I feel international, not just Slovak.
- I have the best opinion in comparing with projects I have been before.
- We are giving to each other a lot of great or even more opportunities.

especially

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3RD CULTURAL EVENING: POLAND

Evening prepared by young participants from Poland, in cooperation with folklore group, during which other participants had opportunity to see interactive and inclusive performance composed with traditional dances, local and national cuisine (a lot of great food,





region of Tatry Mountains, but also homemade – brought by participants), as well as play prepared quiz and games. All elements were made taking into account possibility to involve all other participants and presented in public, what was additional challenge for participants who again extended their comfort zone.







DAY 6, JULY 27, 2016

SESSIONS 1 & 2: CITY GAME – INTERVIEWS IN THE CITY AS NEXT STEP TO EXPERIENCE OTHER CULTURES AND LANGUAGES

Objectives:

- To have new challenges and speak with random people on the streets;
- To interact with each other and other people;
- To develop skills related to making photos for photo-relation;
- To get information about cultures and languages;
- To see the most important places of Zakopane;
- To get more familiar with local culture.

Activities:

1. Interviews in the city as a way to experience other cultures and languages

Participants divided into mixed teams, received tasks to make interviews with random people in the city centre of Zakopane (local people and/or tourists) about several topics, related to the main idea of the MaLaJo Youth Exchange, such as: language learning, existing possibilities for Youth, non-formal education, etc. Questions were prepared by participants dependently on their team' ideas, on the character and form of interviews that were made in different languages, using the possibility given by meeting people from different cultures and countries. Moreover, participants had to delegate tasks between each other to prepare also photo-relation from the time spent in the city centre.



Task: To prepare and make interviews with random people, to make photo-relation from the time spent in the city centre.

Aim: To open, to break personal barriers in asking random people on the streets, to practice different languages and interviews making, to get interesting information.






SESSIONS 3 & 4: FINALIZATION OF CITY GAME

Objectives:

- To work on photo-relation;
- To finish preparation of city game results;
- To exchange impressions and experiences;
- To stimulate each other;
- To find group conclusions.

Activities:



1. Photo + description = photo-relation

Staying in groups from city game, participants had time to finish their photo-relations, thinking about description of the moments, situations, people with whom they were speaking about several topics, as well as to prepare it in freely chosen form: presentation, gifs, short movie, animation.

Task: To finish photo-relation, using photos made in Zakopane City Centre.

Aim: To stimulate creativity, to show photo-relation as a way of expressing ourselves, combining picture with the text.



Caterina, Italian girl from Salerno: "I am half Italian and half Polish. It's great to speak 2 languages from the very beginning – it's much easier. About Zakopane and Poland, I really love the natural landscapes and the stunning views, also a lot of posibilities for Youth which exists in Poland, but Italy is my place, there I can party till 3 a.m., here, at 10, I just go to sleep."

Task: To present results of the whole day work.

2. Presentation of city game results

Participants after city game and preparing themselves for in mixed presentation teams. showed results of their whole day work in front of others, explaining context, describing people, giving received information, sharing their experiences, impressions, during discussions with the rest of groups. At the end of presentation, two chosen by teams, the rest of participants, received prizes for the best photo-relations.



Aim: To practice presentation skills, to practice different languages, to share ideas and impressions in public.







Outcomes:

Day focused on working in international teams in the city centre gave participants ability to speak openly to random people, strangers that they met few seconds ago and ask them about different things: languages, cultures, countries, impressions related to Poland and Zakopane. It caused that young people not only received a lot of interesting and useful information, but also had a chance to practice their journalists and linguistic skills while making interviews, photos and preparing photo-relations, as well as presenting them at the end of the day in front of other participants.



Summary of Daily Evaluation

What did we like?

- City game/challenges during city game;
- Zakopane;
- People on the streets;
- Making photos;
- The fact that we had free choice in preparing and asking questions/rules and tasks gave us a lot of space for invention;
- Asking questions to random people;
- Opening ourselves in front of strangers;
- Teamwork;
- That we met people from Romania and Italy;
- A lot of fun in preparing questions for interviews;
- People's reaction;
- Photos with our interlocutors;
- Speaking Spanish;
- That we are going deeper and deeper with each next task.

What did we learn?

- Openness can help in getting information;
- A lot about ways of language learning and its reasons;
- How to be out of comfort zone and succeed!
- That each person is a huge source of information;
- That languages are useful in the most surprising moments;
- Body language is important ©
- Polish people are open and friendly;
- Zakopane center is really beautiful;
- We are not alone in Zakopane ⁽ⁱⁱⁱ⁾ there are a lot of tourists here!







What we would like to improve?

- Nothing 😳
- Everything was great.
- We are really glad that our evaluations and comments are taken into account, and we don't have anything to improve ©
- Weather.

4TH CULTURAL EVENING: ROMANIA

Evening prepared by young Romanian participants during which other participants had opportunity to see presentation about country, cities, curiosities, culture (costumes, dances, traditions) and many more, as well as to take part in activities and try local and national cuisine which was represented by different types of food and drinks directly from Romania. All elements



were made taking into account possibility to involve all other participants and presented in public what was additional challenge for participants who again extended their comfort zone.







DAY 7, JULY 28, 2016

Energizer – 'I have been/I have never been'



Participants, sitting in the circle, were reacting on sentences given by one person standing in the middle. Starting with words 'I've been' or 'I've never been' let see who else experienced the same, because after that everyone who 'has/hasn't ever been', had to stand up and find another place. Always different person, staying in the middle, was responsible for stimulating next round.

Task: To react on the commend of the person in the middle. Aim: To open ourselves and find out next similarities, to energize the group.

SESSIONS 1 & 2: LANGUAGE LEARNING MINI-WORKSHOPS PROVIDED BY PARTICIPANTS

Objectives:

- To stimulate creativity;
- To let participants challenge themselves;
- To learn different elements of languages;
- To let participants strengthen interaction within the group by themselves;
- To give a chance to turn ideas into action;
- To empower young people for future initiatives.

Activities:



1. Series of mini-workshops provided by participants

Participants, working in their national teams, implemented earlier prepared mini-workshops dedicated to language learning, providing short sessions about their mother tongue for other participants. Form of workshops was not limited, what let young people participate in diversified activities















based on LipDub making, grammar lessons, fulfilling different tasks related to reading, speaking, repeating and writing, as well as on drama performances prepared in Italian. Task: To implement own mini-workshops and teach others one of languages in interactive way.



Aim: To stimulate creativity, to empower selfconfidence and entrepreneurial spirit among

participants, turning ideas into action, to practice foreign languages, to strengthen feeling of shared responsibility for passing process of development.

Outcomes:

Sessions dedicated to implementation of mini-workshops prepared by participants, built their self-confidence and let them be in the role of facilitators, trainers, giving unique experience for future initiatives, as well as activities related to project results dissemination. Groups involved in particular actions in the form of LipDub making, grammar lessons, tasks based on reading, repeating, writing, as well as drama performances in foreign languages, could practice their linguistic skills in Croatian, Italian, Polish, Romanian, Slovak and Spanish. Sessions let participants see next similarities, differences and different elements in the form, which were not discussed before, during previous activities.





Participants, sitting in the circle, were laying down on each other's knees. In meantime 4 volunteers, who stayed in the middle of the circle, were taking out next chairs, making the whole process harder and based more on participants than on wooden pillars. Activity based on the trust, built between participants during previous days. Operational target: To keep the bridge up without chairs.

Task: To lay down on knees of person behind and keep person in front on our own, without chairs below.

Aim: To build unlimited trust in the group, to energize the group.







SESSIONS 3 & 4: SPEAKER COMPETITION

Objectives:

- To stimulate creativity;
- To work in mixed groups on developing speeches in 7 languages;
- To practice foreign languages speaking, being focused on pronunciation;
- To let participants challenge themselves;
- To practice presentation skills.

Activities:

1. Speeches preparation and development

Working in mixed teams, participants prepared speeches on topics that came to their minds, related to present situation in their countries, their impressions about Poland, sense of language learning and non-formal education – so in one word, any that would be nice to give a speech about. At the end of the English version preparation, participants got their roles (Italian guy, kid, priest, politician, etc.),



in which they had to put themselves during presentation.

Task: To prepare universal speech about any topic.

Aim: To combine ideas of participants, to practice English in writing, to stimulate creativity, to challenge by different roles given to participants.



2. Speeches translating

In the same teams, after getting roles, participants prepared their speeches in another language, in which they didn't have any chance to speak before. Slavic countries had to choose Roman language and in the opposite, Roman countries, Slavic one. In this way participants had a chance to work together in pairs during translation process, improving their pronunciation and other abilities related to use of foreign languages.









Task: To translate speeches on chosen foreign language, to learn proper pronunciation.

Aim: To practice foreign languages, to challenge participants, to stimulate their creativity while roles preparing.



3. Speaker competition – presentation

Participants in their roles, one by one, presented prepared speeches being in the roles of different characters, what was additionally challenging. Using only foreign language and having in mind tips from person that was helping in translating and giving proper pronunciation, participants reached the highest peaks of linguistic flexibility.



Task: To give a speech in front of others

in one of foreign languages, while being put in the role of specific character. Aim: To go through double challenge related to linguistic and playing barrier, to let participants practice other language and presentation skills.

Outcomes:

Day dedicated to language learning in different forms let participants develop their competences in speaking, reading, writing, what was possible thanks to activities proposed by participants in national teams, as well as mixed teams work during Speaker Competition. Young people found out their abilities, that they need to want and then they would be able to do and learn everything, even in short period of time. During sessions the improvement of facilitation and presentation skills and all of competences related to using different languages – Croatian, English, Italian, Polish, Romanian, Slovak and Spanish, were visible in written and spoken way of expressing.



Summary of Daily Evaluation

2 sentences about today:

- I'm a Slovakian now. I'm so glad because the group is so united.
- We had a great experience and we can understand how other languages look like. It was a challenge for me to speak polish, but also a god experience.







- To speak a language I don't speak, in front of people was more challenging than I thought, but at the same time one of the funniest things I experienced. Slavic languages; however, have it easier when compared with Roman languages. High five for all of us for doing our best!
- This has been the <u>hardest</u> day since now, but also one of the most <u>useful</u>. I learned that being honest can help people to grow up and I had the confirm that I put all myself in what I do, even though there are many risks.... But it's okay, because I really like what I'm doing and I'll keep on caring a lot about the others. About the activities: sorry, again, for not have been present to the workshops. I really loved the Polish song and make the music video of it. The speaking competition was such a great fun and I even spoke Slovak. PS. Thank you a lot, Marcin and Ola, for always being there when we (when I) need I feel that I can be truly myself with you; I really trust you and I really love you. A BIG THANK YOU FOR EVERYTHING! /Claudia (Italy, obviously)/
- I loved the warm-ups: both of them. The language workshops were both fun and useful: I would like the Polish song to be made public. Also, the Italian workshop was interesting. The speeches were fun, but I wish we were better instructed, because I don't like speeches and I don't know how to build them. But learning another language by just speaking it was very productive for me, I loved it.
- I liked the song very much. Speaking activity as well because we had a lot of fun and learned about other languages.
- I'm glad we had the activity about speeches. It was so much fun but in the same time useful because we got to learn something about orthographies of foreign languages.
- I enjoyed today the speech competition, as it showed me that I'm spite of so different background we are capable of learning; I do enjoy the trust game. There is nothing to be improved, except the <u>time</u> of people arriving, but that's up to people, not you.
- Great and funny challenge (giving a speech in Croatian). Very interesting learning about the 6 languages.
- It feels good to be Italian for a little while. Also: as people have spoken, fewer potatoes.
- I am really glad that we could be the part of this project in active way implementing our ideas.
- I'm really happy that I had an opportunity to broke my barriers and try to speak foreign language that I've never spoke before. It was amazing experience.
- It was so funny to learn in other languages and listen others reading in our native language. I liked do the Italian drama.
- It was a good idea to learn words from other languages in a creative way. Was "panic zone" for a moment to have a whole speech in other language, but after this it was very interesting.
- I learnt few useful words from different languages. Now I know that I am able to learn new things really quickly.
- 2 sentences are useless; I would just say: PERFECT!







- I liked to learn other languages, it was very amazing. Speaking Croatian was very interesting and an opportunity for exchange languages with other persons. Can learn of them.
- Speaking language that I didn't know before was a big challenge, but gave me a lot. I've never thought that listening to foreigners speaking my mother tongue could be so funny, but also satisfying.
- I found my talent in teaching languages, it was wonderful experience, really inspiring to see results of common work with person that I was explaining rules and pronunciation in Italian.
- I really had fun today. It was really nice to have a chance to practice speaking of other languages.

5TH CULTURAL EVENING: SLOVAKIA

Evening prepared by young Slovak participants during which other participants had opportunity to see presentation about country, region of Slovak Tatry Mountains, elements of the culture: costumes, dances, traditions, and many more, as well as to take part in activities and try local and national cuisine which was represented by different types of food and





drinks directly from Slovak Republic, what also showed others how close it is to Poland also from the culinary point of view. All elements were made taking into account possibility to involve all other participants and presented in public what was additional challenge for participants who again extended their comfort zone.







DAY 8, JULY 29, 2016

Energizer – '7-lingual sunflower'



Activity started by one of participants singing in English short song about sunflower. In next steps next participants or even whole national teams were taking initiative and translating the song to let others sing in their mother tongue. Activity was finished when all 7 versions of the song were sung together by the group.



Task: To sing the song in 7 languages.

Aim: To open ourselves, to get familiarized with other languages and find out next similarities, to energize the group.

SESSIONS 1, 2 & 3: REPORTAGES AS THE FORM **OF EXPRESSION TO SUM UP OUR YOUTH EXCHANGE BASED ON A GOOD RESEARCH**

Objectives:

- _ To stimulate creativity;
- To find out key elements of reportages;
- To discuss openly;
- To exchange ideas and experiences; -
- To practice research making;
- To use the whole potential of the group and all previous learning outcomes;
- To write 6 reportages about MaLaJo Youth Exchange.







Activities:



1. Discussion about reportages and research as its important element

Workshops based on knowledge, experiences and ideas of participants, who during discussion facilitated by group leaders pointed out the most important elements of reportages, its characteristics, as well as discussed about research, technics and things that can be useful during materials' preparation.

Task: To put together all ideas and key elements of reportages to build common overview.



Aim: To let participants express their ideas and share experiences, to let them motivate each other, to prepare good background for next activities.



2. Simulation game – Effective research as a base for good reportage

2 steps' activity, in which after receiving abstractive topics and fulfilling the task to prepare research about them, participants divided between themselves all elements that they found important for good and effective research. Among others young people were making interviews, collecting received and prepared before materials, photos, as well as making new ones,



needed for the process of reportages writing. Thanks to this activity, in next steps, team members could make selection of data and choose the best ones.

Task: To divide tasks and make effective research, being key point for writing reportages in next parts of sessions.

Aim: To practice researches making, to practice interviews making, to stimulate creativity, to share experiences and impressions, to inspire each other.









3. Reportages about MaLaJo and its most important elements





Task: To write reportages summing up MaLaJo Youth Exchange.

Aim: To stimulate creativity, to practice all journalists' skills gained during the project, to combine ideas and opinions of participants.

Outcomes:

Participants had a chance to make research for reportages, being important part of the passed development process within the Youth Exchange, work on their own texts, being in international teams, having a lot of ideas, what was challenging, but at the end gave a lot of satisfaction and brilliant results. During the whole process of text preparation, participants developed skills such as team work, English speaking and writing skills, but also abilities related to discussing, giving and defending their points of view, sharing experiences while taking into account different backgrounds of others. Moreover, sessions stimulated creativity and critical thinking of participants.

Outcomes of sessions dedicated to reportages are available as integral part of MaLaJo Youth Exchange brochure:

http://ecim.pl/our-projects/many-languages-of-journalism/results/.



Summary of Daily Evaluation

What did we like?

- Do a reportage together;
- Making the interviews for the reportage;
- We still discover things about each other;
- Interview participants of different countries;
- Writing the article in Romanian;
- Lunch naleśniki;
- Translating;
- Working in different and mixed groups;







- Brainstorming for methodology for reportages;
- Energizer: lying in a circle to build trust;
- Constructing arguing about subjectivity/objectivity;
- The members of the teams always change.

What did we learn?

- We learnt what a good reportage should contain;
- Write a reportage and make some interviews;
- How to choose information for a written material;
- All the articles are more or less subjective;
- That I have to respect others, even when I don't agree with them;
- I shouldn't be afraid of stating my opinion because it's normal that there always be someone who will disagree with me;
- Definition of objectivity;
- Importance of each part in the reportage;
- How efficient team-work can be.

What we would like to improve?

- Cope with stressful situations and manage time better (Italian participants);
- No more desserts for lunch;
- I would love to use the methodology for the first subject of the reportage;
- More competitive activities during long activities;
- More time to discuss.

6TH CULTURAL EVENING: ITALY

Evening prepared by young Italian participants during which other participants had opportunity to see performance comparing Antic and Modern Italy, meeting even Julius Caesar speaking about historical moments. A lot of elements of the culture: costumes, traditions and many more, as well as activities, local and national cuisine which was prepared by Italian participants (antipasti, pizza,





pasta, tiramisu, etc.) served in meantime of presentation about Italy, regions, attractions, touristic places and others. All elements were made taking into account possibility to involve all other participants and presented in public what was additional challenge for participants who again extended their comfort zone.







DAY 9, JULY 30, 2016

Energizer – 'Famous characters'



Activity based on acting like famous people. One person, who was pointed by someone standing in the middle, had to do some specific gesture, and two people next to him/her, also had to act, to make a "setting". Who was doing something wrong, had to stand in the middle and point on others and the game was on.

Task: To act like famous people, to repeat specific gestures.

Aim: To energize participants, to break personal barriers, to learn how to react quickly and properly.

SESSION 1: OUR REPORTAGES IN 6 LANGUAGES

Objectives:

- To learn how to express specific words in all 7 languages;
- To show participants that they are able to cooperate to reach common goal;
- To prompt creative thinking.

Activities:



1. Translation of our reportages for 6 national languages

Time dedicated to translate all of the reportages about MaLaJo from yesterday to all 6 national languages. Participants had an opportunity to try their skills in translation and search for the most proper words to express feelings of the authors. Workshops based on cooperation, common work which lead us to the final goal. We prepared reportages about our exchange, but each of them was different because groups concentrated on



different aims of the project based on non-formal education. Results are visible in our







final brochures and we have every reportage in every language, so we finished this activity successfully.

Task: To translate all of the reportages for 6 national languages.

Aim: To cooperate to reach the final goal, to involve everyone in final preparation of the brochure.

Outcomes:

Participants had an opportunity to try to be the real journalists, who has to edit text and find the most appropriate words to express feelings of the groups who wrote the reportages. This way we created the field to work all together on common goal which was to make the final brochure about our Youth Exchange. Because of translation, everyone was involved in creating all the texts and for that we can call the result: our common work. Everyone felt as the real part of the team, where each person is playing really huge role, because without one piece, the whole process will not work that well. Young people got to know how important is their involvement and that everything always depend on them.

SESSION 2: PREPARATION OF THE FINAL VIDEO-RELATION ABOUT THE PROJECT

Objectives:

- To sum up the whole Exchange through preparation of the video about the project;
- To practice technical skills of participants while cutting the video and putting all the shots in one order;
- To exchange different ideas and opinions;
- To make decision-making process effective and accurate, while choosing the right scenes;
- To open young people for new experiences.







Activities:





Time dedicated – especially to movie department – to make the final video relation about the MaLaJo Youth Exchange. Anyway, also the other part of the team was involved in finishing this task, because everyone wanted to take part into this brilliant challenge and try to make it by himself. Everyone was adding his own shots and photos, giving them to the movie department and suggesting where to put them. At the end we created amazing movies which will always bring to our minds positive memories.



Task: To prepare all together the final video-relation about the project.

Aim: To cooperate, to make decisions, to develop technical skills of participants, to let them do it by themselves, as their own result of the Youth Exchange.

Outcomes:

This activity gave participants an opportunity to be the real part of movie preparation. They had to make the decision what to put into the final video-relation and which parts are useless, what – while having a lot of material – is not easy task. This way they learnt how to cooperate, make a compromise and common decision, which allows to reach the final goal. To work with people who they already knew was much easier than on the very begging, so they realized how important part is the teamwork and the spirit of the team.

Outcomes of this session can be found on the project webpage, in the part dedicated to evaluation.

SESSIONS 3 & 4: SPACE FOR PROJECT- AND SELF-EVALUATION

Objectives:

- To summarize all the most important elements of the Youth Exchange;
- To remind to each other learning outcomes;
- To realize what young people have learnt during the project and think how they can use those skills in their future life;
- To reflect and self-evaluate each member's contribution;
- To intensify the process of key competences identification.







Activities:



Participants in mixed groups had time to share their ideas and impressions about the whole project – programme, logistical arrangements and practicalities. Sharing points of view, learning outcomes and reminding to each other different aspects of the Youth Exchange let young people intensify the process of gaining knowledge, experience and skills. The form of presentation depended on them and could but did not have to be based on three evaluation questions: What did we like? What did we learn? What would we like to improve?

Task: To prepare presentations with evaluation of the whole project in unlimited form. Aim: To remind the most important elements and learning outcomes to each other, to identify benefits gained from the project by each participant and the whole team.

2. Youthpass as a tool of non-formal education – 2nd part of Youthpass filling based on self-evaluation process



1. Preparation of project evaluation

Based on personal impressions, experiences, gained competences and acquired knowledge during the whole project duration, as well as on group evaluation preparation process, after receiving information about Youthpass certificates (on the beginning of the project and reminding it before this workshops), participants had a time space for individual reflection and self-evaluation



process. During this activity each person could think about his/her own contribution to the project and improvement of 8 key competences, according to this European tool. Task: To reflect and self-evaluate process of personal development passed within the project.

Aim: To improve the ability of self-evaluation, to sum up personal contribution to the whole Youth Exchange.







Outcomes:

Young people got opportunity to reflect on entire seminar and have a look to the different aspects of it, such as logistics, programme, facilitation, group involvement, etc. Participants shared their points of view and listened to others. It strengthened the process of reflection on what they have learned and which skills they have improved. Group evaluation helped also in reminding all of the most important elements, what was useful also for Youthpass filling, that was the final part of self-evaluation process, present in the whole project. In the result of this session, most of participants had filled 2nd part of Youthpass.

All of the results of the group evaluation – songs, movies, animation and photos from the performances presentation can be found on the project' webpage in the part dedicated to evaluation.







DAY 10, JULY 31, 2016

SESSION 1 & 2: PROJECT RESULTS PRESENTATION & FINAL EVALUATION

Objectives:

- To present acquired knowledge and all of the materials made during the project;
- To show how much participants made together;
- To create overall view for the whole working time;
- To remind each other what participants had learnt during the Youth Exchange;
- To assess if learning needs were matched to the provided programme and content;
- To give a free space for initial evaluation;
- To remind the most important elements to each other;
- To let participants freely share their impressions and exchange experiences.

Activities:



1. Project results presentation

Participants in mixed-international team, in which they were working during many activities, had an open space to present the results of their common work. Young people got an opportunity to read aloud their columns, articles, reportages and present other effects of their teamwork, like show photo-relations from the city game, as well as final video-relations. All of those let us realized how much we have done together and what are the real effects of our time spent together in Zakopane.

Task: To present the results of common work.

Aim: To let everyone see what was done during those 10 days in Poland, to let people realize how much things they are able to do, only if they want to.











2. Final project evaluation

Time dedicated to present the evaluations of the whole project, as well as opinions of the participants, their feelings and feedback. They had a possibility to share all of the learning outcomes, reflect on entire seminar and look to different aspects of it, such as logistics, programme, facilitation, group cohesion, etc. Young people shared their points of view and

listened to others. Each team had to present their short performance about the Youth



Exchange summary to the rest of participants, to remind its most important elements and to make the initial interactive evaluation. Task: To summarize the project outcomes, to evaluate common work, to discuss about passed process all together without barriers. Aim: To show people what they have done together, how much they get from taking part into this initiative and try to make them more active in their future life.



Outcomes:

The open space of those two session let participants share impressions and the most important elements from the whole project development process. Participants had a chance to evaluate project from different points of view, taking into account many aspects, as well as find themselves and their role in the whole.

Having in minds that fixation by repetition and reminding what they have done, guided participants to one of the most important elements of the program implemented, so the results of joint work. This way they consolidated acquired knowledge and it built among young people a sense of self-confidence and let them realize the value of each of them as co-authors of the project, its results and future inspirers of all kinds of initiatives.

Evaluation and summary underlined the huge potential which young people have and let them find out that all of the needs and expectations were filled, as well as that created environment allowed them to make a lot of great results.







SESSION 3: CLOSING CEREMONY

Objectives:

- To let summarize project all together;
- To certify participants' work during the whole project.



1. Certificates and final statement

After the evaluation, participants got Youthpasses, one per person. Everyone had to guess, with closed eyes, who is standing in front of him/her and then give this person the Youthpass, saying a final wish to her/him. As a result, each participant got the European certificate and a final wish from a peer. At the end, some of participants gave also final wish to everyone. We also made a group photo.



Final group photo with Youthpass certificates









ANNEX 1 – SUMMARY OF ONLINE EVALUATION FORMS

Quantitative data

Programme Elements	1	2	3	4	5	6	7	8	9	10	Level of satisfaction
Practical info about project, programme, venue	0 Pax	5 Pax	10 Pax	21 Pax	94,44%						
Fears and expectations	0 Pax	1 Pax	0 Pax	0 Pax	1 Pax	0 Pax	5 Pax	5 Pax	9 Pax	15 Pax	86,94%
Ice-breaking & Integration activities In one sentence about myselfduring crossword Onion of diversity Picasso Portrait Establishing common rules Mission (im)possible Touch the ball Fruit Game Instinct in the Cage	0 Pax	0 Pax	0 Pax	0 Pax	0 Pax	0 Pax	1 Pax	3 Pax	6 Pax	26 Pax	95,83%
Energizers Who is this? Bridge of Trust Multilingual Sunflower Giant, dwarfs & knights Penguin Feel connection and others	0 Pax	0 Pax	0 Pax	1 Pax	0 Pax	0 Pax	0 Pax	3 Pax	5 Pax	27 Pax	95,28%
Different languages, one story	0 Pax	5 Pax	12 Pax	19 Pax	96,67%						
La comunicación sin fronteras - si lo es posible?	0 Pax	0 Pax	0 Pax	0 Pax	0 Pax	0 Pax	2 Pax	6 Pax	9 Pax	19 Pax	92,50%







Foreign languages and new forms of expression	0 Pax	0 Pax	1 Pax	0 Pax	0 Pax	0 Pax	1 Pax	5 Pax	9 Pax	20 Pax	91,94%
Intercultural Learning – The Derdians	0 Pax	0 Pax	1 Pax	0 Pax	1 Pax	0 Pax	1 Pax	6 Pax	5 Pax	22 Pax	91,11%
Which form of expression is it?	0 Pax	0 Pax	0 Pax	0 Pax	0 Pax	2 Pax	2 Pax	5 Pax	12 Pax	15 Pax	90,00%
Non-formal education - Let's define!	0 Pax	0 Pax	1 Pax	0 Pax	0 Pax	0 Pax	2 Pax	6 Pax	7 Pax	20 Pax	88,33%
Article or feuilleton? Art of word selection or feelings put into words?	0 Pax	0 Pax	0 Pax	0 Pax	0 Pax	0 Pax	3 Pax	8 Pax	7 Pax	18 Pax	91,11%
Art of interview	0 Pax	0 Pax	0 Pax	0 Pax	0 Pax	0 Pax	1 Pax	5 Pax	8 Pax	22 Pax	94,17%
Interview as a way to find out more about people, cultures, languages	0 Pax	5 Pax	8 Pax	23 Pax	95,00%						
City Game – interviews in the city as next step to experience other cultures, languages	0 Pax	0 Pax	0 Pax	0 Pax	1 Pax	2 Pax	0 Pax	5 Pax	7 Pax	21 Pax	91,67%
Photo + description = Photorelation	0 Pax	0 Pax	0 Pax	0 Pax	1 Pax	2 Pax	6 Pax	5 Pax	9 Pax	13 Pax	86,11%
Language learning mini- workshops provided by participants	0 Pax	0 Pax	0 Pax	0 Pax	0 Pax	0 Pax	4 Pax	6 Pax	10 Pax	16 Pax	90,56%







Speaker competition	0 Pax	0 Pax	0 Pax	0 Pax	0 Pax	1 Pax	0 Pax	2 Pax	2 Pax	31 Pax	97,22%
Reportage activities Reportage as the form of expression to sum up our Youth Exchange Effective research as a basement for good reportage Reportages about MaLaJo and its most important elements Our reportages in 6 languages	0 Pax	0 Pax	0 Pax	0 Pax	1 Pax	0 Pax	3 Pax	8 Pax	5 Pax	19 Pax	90,28%
Project Evaluation activities Daily Evaluation (3F method & 3 questions method) Preparing Evaluation in mixed groups Youthpass as a tool of non-formal education Europass Language Passport Project Evaluation	0 Pax	0 Pax	0 Pax	0 Pax	0 Pax	1 Pax	1 Pax	6 Pax	5 Pax	23 Pax	93,33%
Cultural Evenings	0 Pax	36 Pax	100,00%								
Overall Score	0	1	3	1	5	8	32	99	145	426	92,63%







Logistics	1	2	3	4	5	6	7	8	9	10	Level of satisfaction
General Organisation (information, transport, support, communication)	0 Pax	2 Pax	3 Pax	31 Pax	98,06%						
Food	0 Pax	0 Pax	0 Pax	0 Pax	1 Pax	1 Pax	6 Pax	7 Pax	6 Pax	15 Pax	86,94%
Rooms	0 Pax	0 Pax	0 Pax	0 Pax	0 Pax	2 Pax	4 Pax	5 Pax	8 Pax	17 Pax	89,44%
Overall Score	0	0	0	0	1	3	10	14	17	63	91,48%

Qualitative data

Did the Youth Exchange meet your personal expectation? Please explain why or why not.

- So far, it was the best project which I have ever participated. Organizers and also activities were perfectly prepared.
- This Youth Exchange totally have fulfilled my expectations, or as I already get used to say it overcame them! I learned a lot and I have met amazing, really involved and creative people who are able to do everything they want!
- It definitely met and even exceeded my expectations! I wasn't expecting the whole of the group to mix together so fast. As usual every project is different, but not all of them are successful, but this does not apply to MaLaJo. Everything was top notch! The activities made sense in the overall look of the project, we were starting from the basics and then moving on to more complicated matters. The energizers were amazing and I always felt more awake during AND after them, and the team building activities were no worse than the energizers! The group was amazing, and we would probably bond without those activities, but they gave us a shot at something different because we would never bond in the same, deeper way, without them. Congratulations to the organizers for coming up with such a consistent project, for rewriting it while still maintaining its consistency, and for conducting it the way they did it. Wish them many other projects with an atmosphere such as in this one.







- Yes, the Youth Exchange met my expectation. Previous project development, I found information in the Power Point presentation posted on the project website about accommodation, dining and meeting agenda. This information helped me to form a first impression about the project. With joy I found during the development of Youth Exchanges that all my expectations have been fulfilled.
- This project met my expectations because I have improved a lot of things like break my comfort zone, be more confident, know a lot about different cultures and languages and how to pass new challenges and fears.
- The Youth Exchange met my expectations in 100%. I have known amazing people and have been talking in English for 10 days. It was an opportunity to gain some knowledge about journalism, which is very important for me.
- Yes! I wanted to meet people with whom I would speak different languages about everything and nothing and it happened! We spent great time together and learned a lot!
- Yes! It was a perfect combination of different activities, people from 6 countries in which we could find differences, but also many similarities what made us all rich in new experiences.
- Yes, not only met my expectation but actually I raised the standards for the new projects I will develop or participate in. I believe that looking at the dedication of the members involved I learned a lot about team work and about doing what you like with passion and with dedication towards the people :)
- I had great expectations before leaving: I was very curious and excited. The project just exceeded them all, thanks to the perfect organisation and to the motivation and great energy of the group.
- The Youth Exchange met my expectations because I learnt a lot about other cultures, languages and costumes, how to write an article, a column, a reportage, how to break my barriers and how to face something new through my determination and my motivation. And also I met a lot of people.
- I didn't know what to expect so I cannot say that, but I am really amazed and I am so glad for taking part in it.
- Yes, everything was even much better than I expected.
- I can say it even overcame my expectations. I have never thought that I can be interested in journalism, but I liked journalistic activities as well as language activities.
- It was much better than I expected.
- Yes, it did. Even more. Although, I am not a journalist, I have realized that I am able to write an article or make an interview. And I am sure that I will also try it later, in my future. We also learnt a lot about other languages and found out that to understand each other you do not need to know that language. People can understand the point just from your gestures, so I learnt that they are very important in communication.
- When I applied for this project I didn't know what to expect at all. I had some things about journalism that I wanted to clarify, but now they are more than that. Moreover,







I have learned so many things about languages and cultures and this wasn't something that I planned, but I am some glad that I could do.

- The Youth Exchange have met my expectations a lot. It was my first youth exchange Erasmus+ and I was a little bit scared at the beginning but now I am so thankful that I was the part of such amazing team.
- Yes, and surpassed them. I did not expect the journalism-related exercises to engage me, but they did, whereas the language part was as fun and informative as I expected.
- Yes, fully. Everything was organized extremely well, we learned a lot and had a lot of fun.
- And some more, the participants were amazing and the hosts of the project did everything in their power to make sure that we had an amazing time during the activities.
- Yes: I learned many new languages and got to know different cultures, as well as getting into depth with the topic of journalism.
- Of course, it was an amazing experience, and people were always involved.
- It absolutely exceeded my expectations; I didn't expect such an amazing organisation and I was surprised by how much can be learned through creative and fun activities.
- They met my expectations in training other languages and gaining practical competences about journalism.
- Yes, this Youth Exchange totally met or even exceed my expectations. I learnt a lot of new useful things and I hope I will have an opportunity to use them in my future life.
- Indeed! I reached all of my personal goals, I developed myself and got a lot of new contacts. It was great!
- The youth exchange met my expectations, I improved my knowledge and skills.
- It did, I have fought with my fear of public speaking and I have got a chance to realize that there many similarities within Slavic languages :)
- This exchange has greatly exceeded my expectations. I could have never imagined all that this project was going to bring to my life and teach me in very different aspects, while enjoying and having fun with great people.
- The exchange exceeded my expectations as it was very well organized, intertwining both learning and having a great time in an international context.
- This Youth Exchange definitely met my expectations because the activities prepared by the organizers were interactive and allowed me to learn new things about many instruments of journalism in a non-formal environment. Moreover, I had the opportunity to learn new things about other countries and also to share aspects of my culture with the other participants. Last, but not least, I made new friends whom I now consider my international family. In one word, this project was amazing.
- I like to start without defined expectations, in order to be surprised by everything, and I loved it more than I thought.
- Of course yes! it was perfect! I didn't have too much expectations, but maybe this is the reason why it was so amazing experience, and every day activities were surprises for me. Thanks a lot!







- Yes, even exceeded! People were really involved, gave a lot of great ideas, what let us implement all of the activities in effective way, reaching all goals that we have stated at the beginning. We have built perfect team.
- Yes I learned much new stuff about journalism, I found some talent in me through workshops and I improved there as a person. No usually no breaks and quite short lunch break. It's harder than I expected to work so many days on difficult activities.

Which session made the biggest contribution to your development process and how?

- I think it was the session called "Speaker competition", because I had a chance to try to speak in different language which was really difficult for me, but at the end I did it, even with some role to play meanwhile.
- I think the interviews and that sortie self-evaluation because I learned more not only about other participants, but I learned more about myself.
- I think that the session "Interview as a way to find out more about people, cultures, languages" has the biggest contribution to my development because:
 - improved my communication skills in English;
 - helped me to discover information about the culture of my colleagues involved in the project and their way of being;
 - helped me to learn a few basic terms in the languages of countries involved in the project;
 - helped me to understand a culture-specific behavior;
 - improved my interpersonal ability;
 - I managed to communicate with different people with different backgrounds and with different levels of education.
- Interviews. Because with them we knew how to do an interview and, moreover, we learnt a lot about each other.
- The interview because, I have never before thought about myself like "Who am I?". I found out that is much more difficult to be interviewed than ask questions.
- It is hard to say, I think that each of them was good chance to develop myself.
- Speaker competition, if I have to choose. It was awesome to learn how to speak unknown language and to teach others my own language.
- Activities related to expressing myself, because they helped me in putting all my thoughts together and find words to share ideas and experiences with others. I also realized that I can influence on others with my positive attitude expressed in this way.
- I think all the session had their role in the whole process, but probably I would choose the interviews one on one as I got to know the people better, the stories behind what makes them as they are know... them.
- I think that all the 'Ice-breaking & team-building' activities helped me to feel more confident and secure and taught me how to cooperate with other people. Also the







feedbacks and daily evaluations encouraged me to reflect about myself and about the others.

- It's difficult to choose only a session, because all of them helped me for my development process. But I can say that the activity about articles and columns is one of the most important, because you have to collaborate with someone who has a different way of thinking, you should try to explain what you think about that topic, etc.
- Sessions which included using languages different from English and my mother tongue.
- "Interview as a way to find out more about people, cultures, languages". It helped me even to find out some new things about me. I learn a lot about other participants, some more personal things that brought us all closer.
- Interviews I didn't have any experience in this field and I learnt a lot about doing interviews
- Writing of a column as it was my first try and working in a team showed me different perspectives.
- Speaker competition. First of all, I had to write a speech. Then translated it to my mother language. But the best part will just come: We had to read this speech in different for us foreign language and to top it all we had to act as a strange character (for example a priest :D). So it was really big challenge for me. Speaking in front of other people in foreign language that I do not know and acting and playing a role.
- I have liked the City Game with the interviews in the city, because we had to chance to break barriers in a foreign country and practice our skills of interviewing, of reacting, of adapting to people's answers.
- Every session made the big contributions to my development process. The programme was so well-organized and prepared. I like the methodology of the project because every energizer, team-building activity, workshop made a sense and at the end it was definitely a good experience. In my opinion, the Speaker competition was the best activity. It was a big challenge for me to read in a Romanian language like a doctor.
- The interviews, as they made me confront my shyness and taught me how to research and communicate with unknown people in a satisfying manner.
- Project evaluation, because I worked on skills I did not use before and I realized I can do it if I'm motivated enough.
- Speaker competition it broke my speaking barriers!
- The interviews made me understand how to deal and understand people in certain situations.
- Having to make the report, because the entire group should agree on every step.
- I learned a lot during the interviews because we had to prepare questions relevant for each person we were interviewing, but we also had to answer other people's questions, which improved my ability to express myself and my opinion in a comprehensive way.
- The interview activity helped me understand how to deal as an interviewer and which arguments to touch.







- I think it was speaker competition. I had to go totally out from my comfort zone and try to speak in language that I didn't know before. It was amazing experience and I'm really glad that I had possibility to do it.
- Activities during 'Art of interview' session, which let us open ourselves in front of others. It let us reflect about ourselves and I found more about my strengths.
- The articles, because I didn't know about journalism, so it was an achievement.
- Speaker competition, because it allowed me to forget about speaking part and it made think about acting part only.
- For me, writing a column about non-formal education was specially enriching. It was a great challenge as in columns the author talks about a personal opinion/experience and however we had to work in groups and create one column together. I learned how to combine different ideas and it made me realize that even in a group we can have our own voice if we work as a real team. I also learned how important is to combine skills, because I had the ideas I wanted to convey in my mind but I couldn't put them into nice words but for the collaboration of another member of the team. I really discovered what teamwork is.
- I have to say that the sessions activities that marked me the most were the Derdians Game, the balloon game and of course, the Speaker Competition. The Derdians game taught me to stop assuming things about other cultures and to try to understand as well as I can the people I am interacting with, the balloon game taught me a lot about human psychology and that I should try to understand better human instincts and the Speaker Competition pushed me out of my comfort zone by trying to speak Polish.
- "Art of interview" and "Reportage activities" made a great contribution to my development process because through those sessions I learned which are the steps to be followed in order to create a quality reportage. Moreover, I have learned that an interview is more than a set of questions as it implies previous research and a connection between the interviewer and the interviewed. The cultural nights also had a high contribution to my development process because I had the opportunity to enlarge my knowledge about other cultures.
- Teambuilding was difficult for me: different ideas, different methodology and different languages, but the result was great, I learned how to cooperate.
- I think activities about teambuilding. It was nice to see opinions of others, respect them, cooperate, use emotions, logics, use all of the languages. and meet and know better each other.
- All of the activities related to reportage writing and discussion about it with important topic about subjectivity and objectivity. We reached great conclusions, and found out that even objectivity would be different for everyone, what depends on several circumstances as well as our previous background.

• Speaker competition - I found that I'm able to speak in public even in different language. Which new competences (skills, attitudes, knowledge) related to the topic did you gain during this Youth Exchange?







- I learnt a lot about journalism, new languages and I get a lot of patient to other people, I became more tolerated for the others, their opinions and way of thinking. I also gained some new soft skills that I can use in the future, for example how to criticize responsibly and be responsible for my self-learning process. I also believed more in myself and I realized that I can do a lot of different things that I couldn't expect I could do.
- During this Youth Exchange I learned:
 - how to deal with language obstacles;
 - how to express and understand in a foreign language (English, Croatian, Spanish, Italian, Polish and Slovak);
 - how to deal with people of all kind of different backgrounds;

and I gained:

- knowledge about participation in city life;
- knowledge about democracy;
- \circ knowledge which has to do with mass-media, music, literature and visual arts;
- \circ the ability to turn ideas in to action.
- Interpersonal skills in multicultural communication. Writing my own reportage.
- I know how to make interview, what was something new for me. Also strictly journalistic skills, because I don't study it, however I would like to work in this field.
- Be confident to do an interview and being interested in the interviewed.
- I gained some experience when it comes to translation and writing articles. I also have learned some new words in different languages, which will be helpful in the future. I think that now I am more open-minded.
- I learned how to be the source of knowledge for others. I haven't expected that I know so much and I can inspire others with my experience. Now I know that I can, I just need to want make bigger influence on environment and the best prove are articles and other things prepared by us, while inspiring each other.
- I improved my linguistic skills English, but also Spanish that I was learning before and I had possibility to improve it. Moreover, I am more confident in expressing myself and presenting different things in public, being less stressed.
- I gained more knowledge on how to conduct an interview, how to do the research and prepare for it. I gained interpersonal skills as I had to apply all of my knowledge learned and I gained a more respectful attitude towards peace journalists.
- I learned a lot about non-formal education; now I have an idea how to write a feuilleton or a reportage; I feel more confident and self-reliant.
- I gained a lot of skills, for example how to write a reportage, an article, etc., how to read in different languages (in particular the Croatian one, during the speaker completion), how to collaborate with people who speak a different language, etc.
- I improved my speaking abilities, I think I am more able to socialize with people from different cultures. I also did not know a lot about journalism so I learned the differences between various types of expressions in it.
- I learn a lot about other cultures a new thing about languages. I also learned how to write an article and do an interview.







- Writing article/column/interview, working in a multicultural group, cooperation, responsibility, knowledge about other cultures, practicing English and French.
- I learned how to write an article/column and how to look at non-formal education.
- I have learnt a lot about journalism as itself. What is making an interview about, or how to write an article or column. I also broke my fear of talking in public and I have realized that I would like to learn Italian language :P
- I have earned more theoretical knowledge about journalism, but also practical skills, like being more open, daring more, learning how to put questions. I also developed my languages skills, regarding English and Spanish, but also learned some basic words and phrases in other participant languages. Also, I have learned to acknowledge the cultural differences and not judge others because of their cultures.
- This Youth Exchange gave me a lot of new competences. I had no idea that I am able to write an article, reportage, doing an interview. It was really good opportunity. Sometimes I felt like a real journalist. The most important thing which I learned on this Erasmus+ is that everything is possible when people want to cooperate with each other.
- I learned how to work in teams, particularly when writing, and the basics of several foreign languages, primarily Polish and Romanian.
- Importance of self-reflection. All of the key competences were improved.
- I got to practice my Spanish and Italian, learn some more things about journalism and have a starting base in Polish.
- I practiced English, polish and Spanish language, learned how to conduct an interview, understood the culture of other participants and how to deal with different ideas during the brainstorming process.
- Teamwork, cooperation and open mind to others.
- I improved my writing and translating from English to Croatian and vice versa, and I learned a lot about different forms in journalism and how to prepare for each of them.
- I developed furtherly languages such as Polish, English and Spanish. I became more open to other people and furtherly learned how to work in group.
- I get to know more about journalism, but most of all, I realized how many skills I can develop during that kind of projects. I get a lot of soft skills which I can use in the future. And this is amazing result of MaLaJo project.
- I became more self-confident in speaking in front of others, not only in English, but also in my mother tongue and Italian. I got new experience in journalism, I learned key elements of many forms of expression and I would like to use them in my future life.
- I have skills in journalism that I didn't know.
- I have I have improved my attitude towards learning Slavic languages.
- Some of the countless competences I gained are:
 - How to work in a team, being flexible with capacity of adaptation, fast and efficient problem-solving, listening to each other and respecting different opinions, etc.
 - What non-formal education really means and how useful it is.







- Differences and similarities among the languages of the 6 national groups participating in the project, communication skills, how to express myself...
- Differences about articles, columns and reportages, how to do them and carry out interviews.
- I learnt to be more open about getting to know other cultures and other languages (especially Slavic ones), I learnt that I should respect all cultures, without taking my opinion into consideration and I learned more about how journalism can also be done in teams.
- During this Youth Exchange, I improved my communication skills in foreign languages, but I acquired new skills like the ability to write articles, columns or reportages.
- Linguistic knowledge, teamworking, solving problems alone and in team, informatics skills, social interaction.
- How to do draw my story On PC; how to translate better; how to explain better in English.
- I got a lot of different skills related in speaking in different languages, also in public while giving speeches in Italian and Spanish. It was something new, but really gave me possibility to go out of the comfort zone.
- Translation skills, public speaking, English skills.

How will you use these newly acquired competences (knowledge, skills and attitudes) in your future widely understood activities?

- They will be useful in work, as it often demands work in group and I think all of them can be also used in everyday life.
- I will use it in the future projects which I want to organize again and I thing now I am more aware about my abilities and skills that i already have but I just haven't seen them till now.
- There are chances, that I will write more, but I will also try to apply the knowledge about doing research during my studies
- I want to use these newly acquired competences in: -involving in projects developed at the university level where I learn; -initiation of projects with similar themes at the community level; -encouraging friends and colleagues to get involved in similar projects and to spread the news.
- In my opinion, as I am a journalist, to do my work better.
- In two weeks I am going to Madrid for Erasmus+ Exchange so it was a perfect training for me. I was practicing English and Spanish too. Thanks to this Youth Exchange I am more willing to know about other cultures and languages.
- I would use it on studies and in my work, now and in the future, because all of the competences that I gained are one big hole which are making be better person. I want to share this impression with others in my local community, especially with my friends.
- I would like to inspire my peers to develop themselves and to use existing possibilities. I would like to be more active and contribute to life of my society.







- I don't know yet, but I know that personally I am more aware of the environment around me when it comes to media and intercultural learning and professionally I understood better the role of preparation while interviewing.
- I'll use the newly acquired competences during my studies (as I study Foreign Languages and Literature at University, and I'll promote the non-formal education in my Scout group and the experience of Youth Exchange to all my friends.
- I'll try to use these competences in my everyday life and in my education.
- I will be capable of getting to know the (foreign) people I speak with much better and will never be shy to ask something that interests me.
- I will try to learn Italian language, that is my new challenge :) and after that maybe some other languages to. I will use gained knowledge and skills in my everyday life because I think they will help me to develop myself in personal and working way.
- I am going to study French in England so I will be definitely more confident in using foreign languages. As well I became more responsible and reliable.
- I will use them in my further studies and career in science where I will need to write articles.
- Breaking the fear of talking in public Of course I will use it. It is amazing to stand in front of people and give them a speech with a lot of gestures :P; I am starting to enjoy it :D
- I hope to use my newly gained knowledge in a article which will describe my experience from MaLaJo, but also in my future work as a reporter. Also, from now on, in my future projects, I will be more prepared and know what to expect.
- I think that these newly acquired competences will be useful in my future. I am not decided what I will do and what will be my dream job so every new knowledge, skill or attitude is an advantage in my life.
- The writing in a team experience I expect to be generally applicable in any kind of writing, both academically and professionally, whereas the language competences may come in handy in future contact with Polish or Romanian speakers.
- I will use it in my everyday life, relationships with other people, my future career.
- In my daily activities and on my blog.
- I will use them in my personal life and working career to develop a better teamwork.
- For my personal and professional life.
- I will mainly use the skills I gained that are connected to languages, as I am a linguistics student. Some of the workshops and activities gave me a better insight in languages I don't speak, which will be useful in the future. I will also continue to work on improving my English and Italian by reading more in those languages and hopefully travel more.
- I will apply the team work skills in my studying and working career in order to improve my brainstorming abilities.
- I hope I will have possibility to implement acquired competences in my future professional life. I get to be more interested in European topics and maybe I will try to apply with my own project, so I think that would be the biggest result. Moreover, now







I can be more effective on my studies and in everyday life, because I can spread acquired knowledge with my mates and nearest environment.

- I would like to write few articles on my blog as well as work more on my presentation skills. I think that all of those elements would be useful for my job that I am doing right now, because I have really often contact with foreigners.
- To be open minded and think out of the box can be skills used in a social communication.
- I enrolled myself to Croatian language classes.
- Some of these competences can be used in daily life situations, such as teamwork and communication skills. Others, such as those regarding languages are very useful to me, as I am studying translation and interpreting.
- As I will soon start University abroad, I will use all my new attitudes into trying to understand this foreign country and culture and into trying to adapt. I will also use all competences gained in the exchange in my study program, Media and Information.
- I will use these newly acquired competences in order to organise better my thoughts when it comes to express my opinion either in a written or verbal manner. I will also use these skills in order to facilitate communication with people from different countries.
- Job, university, boy scout, voluntary.
- About journalism I will use it in my studies in university and about the games and energizers, in my art school with my students.
- I would like to learn Italian and Spanish more as well as now it would be much more easy to express myself while preparing different forms articles, columns. I hope I would have a chance to write something that could be published and read by completely unknown people.
- It will be easier for me to make public workshops and other events where public speech is needed. And in everyday life I'm using English almost every day.

If you would be able to change/improve/add 3 things, what would they be?

- I think that more free time would be good, but I understand that as there only could be one (not two) projects it was hard to manage. Apart of that, I think all was really nice.
- I wouldn't improve anything. Everything on this project was perfect, starting with people, accommodation and food and ending with the created atmosphere, gained results and skills, as well as involvement and organization.
- Well it's hard to improve something you believe was perfect, but I will try. I would probably consider giving the groups more time for translation into their national languages, and made sure that every group has at least one laptop, so they wouldn't have to wait for their turn to write their reportage on the computer. But pleas I want, whoever is going to read it, to know that the time for translation got better and we had more of it during the second task, it just would be nice to have it from the beginning.
- For me, it was the first experience regarding Youth Exchange and I can say it was fantastic and I propose to leave everything unchanged.







- Change: some rules because sometimes they are really hard. Nothing to improve, I think all is really great. Add: more breaks.
- This project was so perfect that it is not easy to find 3 things I did not like. Maybe more this traditional cheese! :) Thank you for everything because really I am grateful.
- I would add 1 more activity related to working more on languages which we know, with people from the country that this language is coming from and I think if we would have a chance to have one more Exchange it would be great to develop some of ideas about photos, videos, etc., also sharing them with more participants.
- Really nothing comes to my mind. Maybe, I would add few days more to have even more activities together.
- I wouldn't like to change anything expect the participants being on time, but of course I understand that is not up to you, but more to the responsibility and dedication of the participants themselves. However, it would be nice to actually do everything on time. I'm a little German inside, hihi.
- I wish I had the chance to visit some important cities, especially the ones which have historical importance, and had more free time.
- I wish I had the chance to visit some important cities and places. Also more free time.
- Everything was so well organized that I don't know what would I change/improve. Maybe add a couple more days on the project ;)
- More energizers and more time for preparation of cultural nights.
- More sportive activities, more competitions.
- No need.
- I think, I would not change anything. It was good how it was, because if we would change only one small thing, the results could be completely different. It was perfect with all positive and negative pages.
- I would have liked some persons to be involved more and not let other people wait for them. That is all.
- I am not able to change or improve 3 things because everything was perfect thanks Ola and Marcin. :) They are the best organizers.
- Choose at least one member with journalism experience in group activities related to journalism, more one on one team building exercises.
- Nothing.
- A longer period of time for the project and even more countries.
- Everything was perfect.
- More outdoor activities; more oral debates about actual thematic; add activities in smaller groups.
- The only thing I would change is a little bit more supervising on the work participants are doing in order to not waste time and to respect the schedule.
- 1.longer breaks; 2. improve some energizers; 3. add some exercises about languages.
- Maybe I would have organised another walking activity in the surroundings, more sport activities and try to have a better wifi connection. Sorry, I know it doesn't depend on







the organizers, but everything else was great, so I can't think of another thing I would try to improve.

- Some more free time would have been widely appreciated. That would be the only thing I would add to this complex and amazing project.
- I wouldn't change anything about this project, the organization was perfect.
- 1. quality of activities (more stimulating and related to the argument of the project);
 2. more public debates;
 3. work in smaller groups in order to get to know people better.
- I wouldn't change anything, because I think this project was really well-prepared and everything was really great!
- Maybe less potatoes :)
- I would make plans for first and last evening I would avoid using so many formal activities (writing reportages, articles) I can't find anything more to change.
- Different journalistic activities; more countries; more days.
- English skills; journalism skills; actriz skills about theatre.
- Longer lunch breaks (maybe breakfast should be sooner), food vegetable during the day (especially for dinner)
- I would add 3-4 additional days, because some of activities could be longer, we really were able to develop them and spend more time on them.

Do you feel more able to influence your closest environment? Please explain why or why not?

- I have been shy person, but right now I feel much more confident and able to impact other people in positive way I mean help, motivate and support them.
- Yes, I can feel that I can influence on my closest, or even wider understood environment. I think that I can spread knowledge which I already have and I can teach other people something new. Something that I already know and they don't. And of course I am so open to gain the new knowledge from my environment as well.
- I do, although I don't know if I would be successful, I guess it depends on the people. But that does not mean I wouldn't try.
- During the project, I learned by doing. This is why all the practical applications will help me to interact and to produce changes in relationships with friends, colleagues and teachers, and also with members of the association of which I am part.
- Yes, because at the moment I know a lot of new things that I can apply in my days.
- Yes, I feel more able to influence my closest environment because sometimes we have to look at ourselves from different point of view. We have to constantly improve our behaviour, to reach this we have to break some barriers.
- Yes, because I found what I can do to influence my closest environment.
- Yes, for sure. I think I am more aware how to speak and express to be understandable. I know also how to influence on youngsters to inspire them to be more open and active and most of all I want to do it!







- I am definitely more aware of what's around me, the media I select and I pay more attention to how the interviews I see are conducted. Reading more about this I found out that most of the 'public' interview are already conducted on an agreed agenda by both sides and so on. But I think I am more careful with my words which most certainly is of influence to the people around me.
- Yes, I think that the results of the project are so clear and evident in me, so that I can influence my closest environment in a positive way.
- Yes, because I learnt how to change in a positive way and how to face something new and that is completely different from me, so I think that it will be easier to live my everyday life.
- Yes, for sure! I was able to do a lot of public speaking on the project so I practically got used to it. It won't present me a problem anymore.
- Yes, because I learned new things and I can share them and help others to learn, and show them that there is always a way.
- Yes, I became more confident therefore i will be trying to influence my close environment.
- I don't believe it changed, but I have to try ©
- Yes, I do. I am full of positive energy to make something big. To go to the world and work with people. Try new things and go to another Youth Exchange.
- For sure, I wanted to become more open and now I will try to share all my impressions and experiences more with others.
- I definitely feel more able to influence my closest environment. I am more confident, more objective, more emphatic after this project. Thank you!
- No. I do not feel the project impacted this in any relevant way.
- Yes, because I have more experience.
- Since I am a trainer I think that all the things that we have learn during these days will help me show students what amazing can be to become part of an Erasmus+ youth exchange.
- I feel that the closest environment will appreciate and notice the fact that I got to deal better with compromise.
- Yes, because I have further developed the ability to take the lead on a team.
- I feel inspired to recommend non-formal education to everyone who has a chance to participate in similar projects because, besides gaining certain skills, it gives you an image of how successfully tasks can be done within a cooperating team.
- I will influence positively the members of my organisation and my colleagues who, I believe, will notice and appreciate my improved skills.
- Yes, I think now I can explain people how European projects are working and that it's good to take part in them. Moreover, I can show them how many skills we can develop and discover in ourselves, although we have never thought we could have them. I think it's really important nowadays to let young people realize how many possibilities they have and it's enough just to know about them to use them.







- For sure. I am more able to express myself and in this way to influence on others in the sense that I would like to.
- Yes thanks to my improved public speaking in English.
- Yes, I feel more creative to influence my closest environment.
- Due to combating fear of public speaking I can with bigger easy convey people to my ideas.
- Yes, because I have learned that our ideas can go as far as our creativity does. I have discovered that my limits are further than I thought and therefore I feel more confident to try to influence people around me with these new competences in order to make them step out of their comfort zone and try new things so that they can develop themselves.
- Yes, as I feel that now I can influence the people around me by presenting better arguments, together with their causes and their roots.
- Yes, I feel more able to influence my closest environment because I had the opportunity to broaden my knowledge related to other cultures, I had the chance to improve my language skills and I got in contact with some aspects of journalism.
- I met some inspiring people, they gave me many ideas, for example to write a blog.
- Of course yes, I feel more international, I feel more open minded, and I think more outside of the box, I think also, that my explaining skills in English are better.
- Yes! I know how to talk to people and how to prepare different forms to let people understand different topics better. I would like also to use instruments of non-formal education in work with peers.